



One Day Defensive Driving Course Scan Plan Act

- One Day
- Two hours theory
- Four hours practical
- Car, van, LGV up to 44 tonnes

Location – anywhere in the UK or Ireland

No delegates – 1-20

In vehicle training ratio 1:1, 2:1 or 3:1

A one-day part theory – part practical course introducing drivers to defensive and advanced driving techniques using the Scan Plan Act method based on the police driving manual “Roadcraft System”

09:00 Group Discussion – classroom

Examine the risks to which each driver is exposed on the road and discuss group experience to identify potential hazards,, the importance of vehicle checks, journey planning, personal fitness to drive and fatigue.

Explore factors which contribute to collisions both on and off road, highlighting the central role of human behaviour. Discuss the contribution of inappropriate speed and distractions such as mobile phones in collisions.

Introduce the concept of Defensive Driving and explore the benefits of driving in a way to anticipate and compensate for approaching hazards using Scan Plan Act version of the “system of vehicle control” from the Police driving manual “Roadcraft”.

11:00 (approximately) In-vehicle Training – covering urban, rural and motorway conditions

Physical checks of vehicle, driver eyesight and licence (optional)

Assessment drive by course delegates

Demonstration drive of Scan Plan Act drive from trainer with commentary

Review and feedback on each drive

Second drive by delegates with tuition and advice as required

Practical session will cover urban and rural roads and motorways

16:00 Course review and feedback

Drivers each receive a Certificate of Attendance & report highlighting strengths and weaknesses and any recommendations for further training.